
SIDNEY DIAMOND MAKOFSKY

שלום בן רחל ורחמייל



June 3rd, 2023
Upper Valley Jewish Community
Hulbert Outdoor Center

TORAH PORTION

Numbers 5:1-5:10

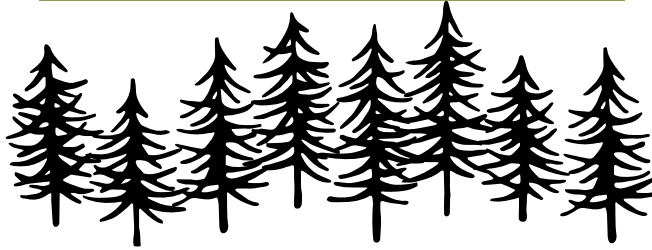
HAFTARAH PORTION

Judges 13:1-14

Rabbi Mark Melamut



The Bar Mitzvah ceremony contains some of the oldest symbols and rituals in Judaism. During the service, Sid will be wearing a kippah (head covering) and tallit (prayer shawl or super-power cape as Rabbi Mark refers to it). Sid's tallit was given to him as a young child by his grandparents after a trip to Israel, and has inspired his Jewish learning journey. His kippah was also handmade in Israel, and was worn proudly for years by his great grandfather Aaron. To mark this rite of passage, Sid will lead us in a traditional Saturday morning service. The service is made up of 5 main parts.



1

Preparing our Hearts Blessings, Meditation, Preparation

These introductory readings help us transition from our everyday lives to the atmosphere of contemplation and prayer that are at the heart of the traditional worship service. They include:

1. Introductory Prayers & Tallit Ceremony - *Rabbi Mark & Blake McConnell*
2. Ma Tovv- *Rea Makofsky & Sarah Frankel*
3. Ashrei
4. Hallelujah

2

Unity & Love The Sh'ma & its Blessings

This section begins with the Bar'chu, or call to prayer, and includes the S'hema which acclaims Jews' belief in one God.

- 5 Baruchu
6. Ahavah Rabba
7. S'hema
8. Mi Chamocho

3

Silent Offering The Amidah

Amidah, translated as "standing" refers to a series of blessings recited while standing. The Rabbis declared that a worshipper should come before God as if approaching a king or queen -- first with words of praise, then should ask one's petitions, and finally should withdraw with words of thanks. Thus, every Amidah is divided into three central sections: praise, petitions, and thanks.

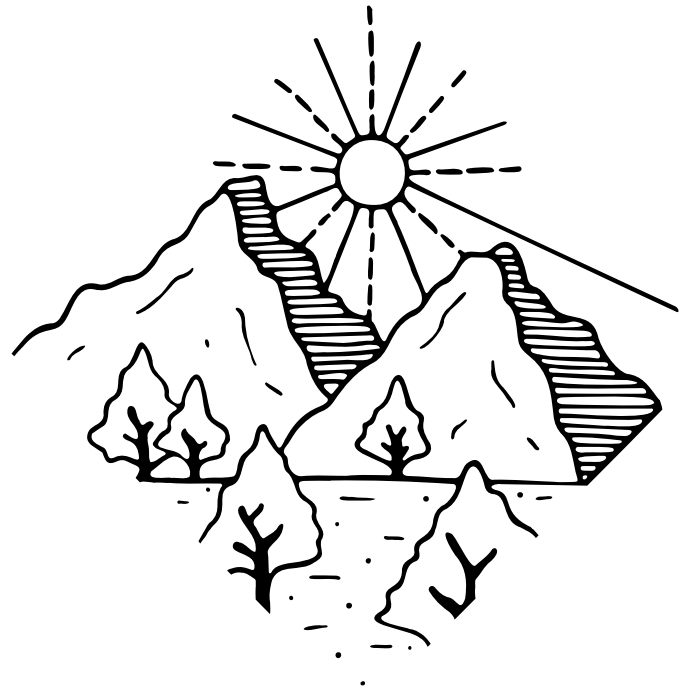
9. Avot V'Imahot - Remembrances of our Ancestors
10. Gevurot - Praise of God's Powers
11. Kiddusha
12. Oseh Shalom
13. L'dor V'dor
14. Kaddish Shalem



Revelation - The Torah Service

The Torah service is when we all pay homage to the Torah. Written by hand with quill and ink on parchment, the Torah is a scroll upon which the Old Testament is written. Each week, we read and study a section of the Torah, completing the full text each year. The Torah is the holiest object in Judaism. It is not touched by hand. Sid will use a special instrument called a **yad** to mark his place while he reads.

During the Torah service, we open the ark, lift the Torah and parade around the sanctuary (pine grove or barn) before reading it.



Each week's Torah portion is broken up into smaller sections. For each of the sections, members of our community will be honored with an Aliyah - 'coming up' to sing two blessings. Today, Sid will share the fruit of his studies with us as he chants a portion of the Torah and teaches us about it. He will also have an Aliyah. Sid had to learn the words and the trope (musical pattern of notes), and then commit them to memory in order to be able to chant the portion directly from the Torah scroll today. Rachel will be supporting Sid in his Torah reading. Haven't having read from the Torah since she was Sid's age, she can affirm that without punctuation marks, vowels, footnotes, page numbers, or musical notations, even learning a few lines is quite challenging!

Concluding Prayers & Songs

12. Aleinu an ancient prayer of hope and adoration
13. The Mourner's Kaddish, a prayer which remembers the departed
14. Adon Olam
15. Kiddush & Motzi (at lunch) - Blessings over the wine & bread symbolizing life's sweetness and bounties



Service Participants

Ark Opening.....Noah (Cousin)

Lifting the Torah.....Uncle Joe (Rachel's Brother)

Un/Dressing the Torah.....D (Cousin)

First Aliyah Nasso 5:1-4

*Torah Blessing.....*Sid's Cousins - Harrison, Naomi, Ellis & Jacob

Sid receives a wealth of love, encouragement & fun from this bunch & all of his cousins. They are more than family but true friends.

*Torah Reading Nasso 5:1-4.....*Rabbi Mark

Second Alyiah Nasso 5:5-7

*Torah Blessing.....*Sid's NYC Crew - Maya, Isabel, Jack & Sam

WSid has received inspiration, confidence, and comfort from his earliest friends.

*Torah Reading Nasso 5:5-7.....*Rachel

Third Alyiah Nasso 5:8-10

*Torah Blessing & Reading*Sid

*Ark Closing.....*Sophie (cousin)

Reading of the Haftarah.....Sid

D'var Torah.....Sid

Prayer for the Healing.....Poppa Marv

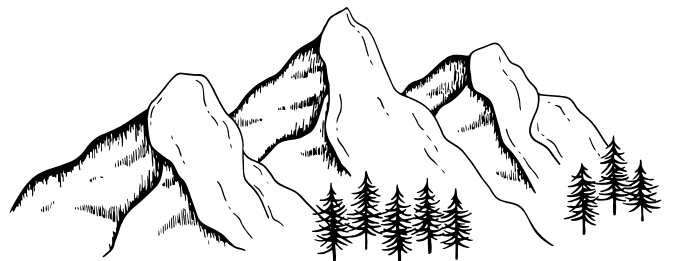
The Mishebeirah, a prayer given to Sid for health and happiness and to the congregation for physical and spiritual healing. This is Poppa Marv's Signature.

Grandparents' Blessing.....Grandparents Ed & Sue, Marvin & Ellen

Rabbi's Blessing.....Rabbi Mark

Adon Olam.....Sid & Max & Hebrew School Buddies

All Friends invited up to sing along with Sid.



Prayers & Blessings

Tallit Blessing

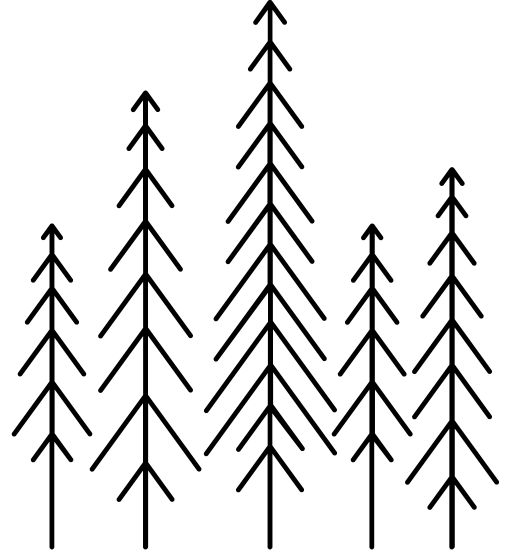
AS I WRAP myself in the tallit,
I fulfill the mitzvah of my Creator.

Before putting on tallit

BAR'CHI nafshi et Adonai,
Adonai Elohai, gadalta m'od,
hod v'hadar lavashta.
Oteh or kasalmah,
noteh shamayim kay'riah.

בָּרַכִּי נַפְשִׁי אֶת יְיָ
יְיָ אֱלֹהֵי, גָדַלְתָּ מְאֹד,
הוֹד וְהַדָּר לָבַשְׁתָּ.
עֹטָה אוֹר כְּסָלְמָה,
נוֹטָה שָׁמַיִם כַּיָּרִיעָה.

BLESS, ADONAI, O my soul!
Adonai my God, how great You are.
You are robed in glory and majesty,
wrapping Yourself in light as in a garment,
spreading forth the heavens like a curtain.



Baruch atah, Adonai
Eloheinu, Melech haolam,
asher kid'shanu b'mitzvotav
v'tzivanu l'hitateif batzitzit.

בָּרוּךְ אַתָּה, יְיָ
אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו
וְצִוָּנוּ לְהִתְעִיף בְּצִיצִית.

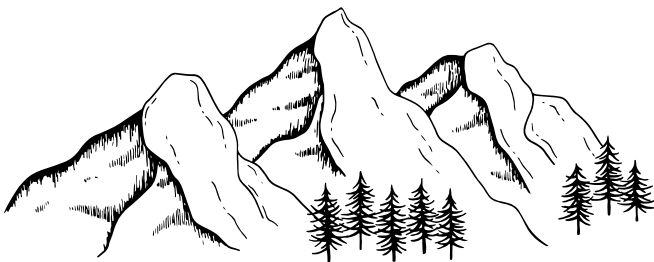
BLESSED ARE YOU, Adonai our God,
Sovereign of the universe,
who hallows us with mitzvot,
commanding us to wrap ourselves in the fringes.

Congregation

WHOEVER WRAPPED in a tallit in one's youth will never forget: taking it out of the soft sack, opening the folded tallit, spreading it, kissing the border along its length (sometimes embroidered and sometimes embossed). Afterwards, a great sweep over the head like the heavens, like a huppah, like a parachute. Afterwards, folding it around one's head as if playing hide and seek, and then wrapping the body in it, tight tight, letting it fold you like a cocoon and then opening it like wings for flying.

And why are there stripes and not black-white squares like a chessboard? Because squares are finite without hope and stripes comes from infinity and go on to infinity like the runways at the airport so that angels may land and take off.

When you wrap yourself in a tallit you cannot forget coming out of a swimming pool or the sea and being wrapped in a great towel and casting it over one's head and wrapping in it, tight tight and shivering a little and laughing and — blessing.



Prayers & Blessings

Introductory Prayers & Blessings

THERE ARE DAYS when we seek things
for ourselves and measure failure
by what we do not gain.

On Shabbat, we seek not to acquire
but to share.

There are days when we exploit nature
as if it were a horn of plenty
that can never be exhausted.

On Shabbat, we stand in wonder
before the mystery of creation.

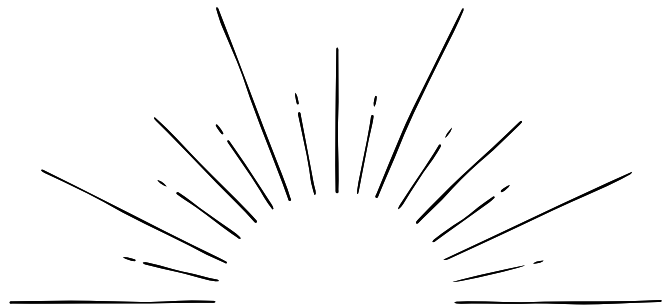
There are days when we act as if we
cared nothing for the rights of others.

On Shabbat, we remember that justice is
our duty and a better world our goal.

So we embrace Shabbat:
day of rest, day of wonder, day of peace.

הִנֵּה מָה טוֹב וּמָה נָעִים Hineih ma tov u-ma nayim
שֵׁבֶת אַחִים גַּם יַחַד. shevet achim gam yachad.

How good and pleasant it is when
neighbors live together in harmony.



WE OFFER THANKS, O God, for this Shabbat
which unites us in faith and hope.

For Shabbat holiness, which inspires sacred living,
for Shabbat memories, glowing even in darkness,
for Shabbat peace, born of friendship and love,
we offer thanks and blessing, O God.

Uncle Blake

MAY THE DOOR of this synagogue be wide enough
to receive all who hunger for love, all who are lonely for friendship.

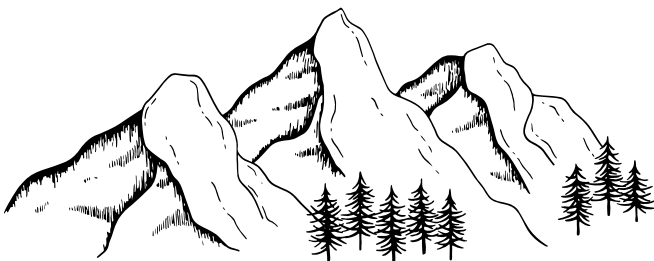
May it welcome all who have cares to unburden,
thanks to express, hopes to nurture.

May the door of this synagogue be narrow enough
to shut out pettiness and pride, envy and enmity.

May its threshold be no stumbling block
to young or straying feet.

May it be too high to admit complacency,
selfishness and harshness.

May this synagogue be, for all who enter,
the doorway to a richer and more meaningful life.



Prayers & Blessings

Ma Tovv - Rea

MAH TOVU ohalecha Yaakov,
mishk'notecha, Yisrael!

Vaani b'rov chasd'cha
avo veitecha,
eshtachaveh el heichal kodsh'cha
b'yiratecha.

Adonai, ahavti m'on beitecha
um'kom mishkan k'vodecha.

Vaani eshtachaveh v'echraah,
evr'chah lifnei Adonai osi.

Vaani t'filati l'cha, Adonai,
eit ratzon.

Elohim, b'rov chasdecha,
aneini be-emet yishecha.

מַה-טֹּבוֹ אֹהֲלֶיךָ, יַעֲקֹב,
מִשְׁכְּנֹתֶיךָ, יִשְׂרָאֵל!

וְאֲנִי בְּרֹב חַסְדֶּךָ
אָבוֹא בֵּיתְךָ,
אֶשְׁתַּחֲוֶה אֶל-הַיְּחָל קֹדֶשְׁךָ
בְּיִרְאַתְךָ.

יְיָ, אֶהְבֶּתִּי מֵעוֹן בֵּיתְךָ
וּמִקּוֹם מִשְׁכַּן כְּבוֹדְךָ.

וְאֲנִי אֶשְׁתַּחֲוֶה וְאֶכְרָעָה,
אֶבְרַכָּה לִפְנֵי-יְיָ עָשִׂי.

וְאֲנִי תַפְלִיתִי לָךְ, יְיָ,
עַת רָצוֹן.

אֱלֹהִים, בְּרֹב-חַסְדֶּךָ,
עֲנֵנִי בְּאֵמֶת יִשְׁעֶךָ.

HOW FAIR are your tents, O Jacob,
your dwellings, O Israel.

I, through Your abundant love, enter Your house;
I bow down in awe at Your holy temple.

Adonai, I love Your temple abode,
the dwelling-place of Your glory.

I will humbly bow down low before Adonai, my Maker.

As for me, may my prayer come to You, Adonai, at a favorable time.
O God, in Your abundant faithfulness, answer me with Your sure deliverance.

MAY THE ONE whose spirit is with us in every righteous deed,
be with all who work for the good of humanity
and bear the burdens of others
and who give bread to the hungry,
who clothe the naked,
and take the friendless into their homes.
May the work of their hands endure,
and may the seed they sow bring abundant harvest.

Aunt Sari

Prayers & Blessings

Ashrei / Hallelujah - Melissa

ASHREI yoshvei veitecha,

od y'hal'lucha selah.

Ashrei haam shekachah lo,

ashrei haam she-Adonai Elohav.

אֲשֶׁרִי יוֹשְׁבֵי בֵיתְךָ,

עוֹד יִהְלֹךְ סֵלָה.

אֲשֶׁרִי הָעָם שֶׁכָּכָה לוֹ,

אֲשֶׁרִי הָעָם שֶׁיְיָ אֱלֹהָיו.

HAPPY are those who dwell in Your house; they forever praise You!
Happy the people who have it so; happy the people whose God is Adonai.

HALLU YAH!

Hal'lu El b'kodsho,

hal'luhu bir'kia uzo.

Hal'luhu big'vurotav,

hal'luhu k'rov gudlo.

Hal'luhu b'teika shofar,

hal'luhu b'neivel v'chinor.

Hal'luhu b'tof umachol,

hal'luhu b'minim v'ugav.

Hal'luhu b'tziltz'lei shama,

hal'luhu b'tziltz'lei t'ruah.

Kol han'shamah t'haleil Yah,

Hal'lu Yah!

הִלְלוּ יְהוָה!

הִלְלוּ-אֵל בְּקֹדֶשׁוֹ,

הִלְלוּהוּ בִּרְקִיעַ עֶזְאוֹ.

הִלְלוּהוּ בְּגִבּוֹרֹתָיו,

הִלְלוּהוּ כָּרֵב גְּדֻלוֹ.

הִלְלוּהוּ בְּתִקְעַ שׁוֹפָר,

הִלְלוּהוּ בְּנֶבֶל וְכִנּוֹר.

הִלְלוּהוּ בְּתֹף וּמַחּוֹל,

הִלְלוּהוּ בְּמִנִּים וְעוּגָב.

הִלְלוּהוּ בְּצִלְצְלֵי-שָׁמַע,

הִלְלוּהוּ בְּצִלְצְלֵי-תְרוּעָה.

כָּל הַנְּשָׁמָה תְּהַלֵּל יְהוָה,

הִלְלוּ-יְהוָה!



HALLELUJAH!

Praise God in God's sanctuary;
praise God in the sky, God's stronghold.
Praise God for mighty acts;
praise God for God's exceeding greatness.
Praise God with blasts of the horn;
praise God with harp and lyre.
Praise God with timbrel and dance;
praise God with lute and pipe.
Praise God with resounding cymbals;
praise God with loud-clashing cymbals.
Let all that breathes praise Adonai.
Hallelujah!

The Sh'ma & it's Blessings

Baruchu/ Ahavah Rabba

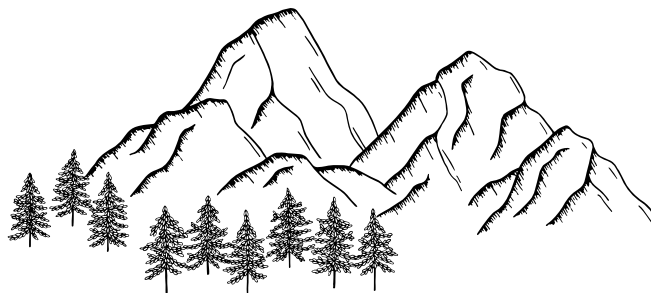
Praise Adonai to whom our praise is due forever! Praised be Adonai to whom praise is due, now and forever!

Barchu

בָּרְכוּ אֶת יְיָ הַמְּבָרָךְ
בְּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד

AHAVAH rabah ahavtanu, Adonai Eloheinu, חֶמְלָה רַבָּה אָהַבְתָּנוּ, יְיָ אֱלֹהֵינוּ,
chemlah g'dolah viteirah chamalta aleinu. חֶמְלָה גְּדוֹלָה וַיִּתֵּרָה חֶמְלָתְךָ עָלֵינוּ.
Ba-avur avoteinu v'imoteinu shebat'chu v'cha בְּעִבּוּר אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ שֶׁבָּטְחוּ בְּךָ
vat'lamdeim chukei chayim, kein t'choneinu וַתִּלְמְדֵם חֻקֵּי חַיִּים, כֵּן תַּחְנֶנִּי
ut'lamdeinu. Ham'racheim, racheim aleinu, וַתִּלְמְדֵנוּ. הַמְּרַחֵם, רַחֵם עָלֵינוּ,
v'tein b'libeinu l'havin ul'haskil, lishmo-a, וְתֵן בְּלִבֵּנוּ לְהַבִּין וּלְהַשְׁכִּיל, לִשְׁמֹעַ,
lilmod ul'lameid, lishmor v'laasot ul'kayeim לִלְמֹד וּלְלַמֵּד, לִשְׁמֹר וּלְעֲשׂוֹת וּלְקַיֵּם
et kol divrei talmud Toratecha b'ahavah. אֶת-כָּל-דְּבָרֵי תִלְמוּד תּוֹרַתְךָ בְּאַהֲבָה.

HOW DEEPLY You have loved us Adonai, our God, gracing us with surpassing compassion! On account of our forebears whose trust led You to teach them the laws of life, be gracious to us, teaching us as well. O Merciful One, have mercy on us by making us able to understand and discern, to heed, learn, and teach, and, lovingly, to observe, perform, and fulfill all that is in Your Torah.



The Sh'ma & It's Blessings

S'hema

שמע ישראל יהוה אלהינו יהוה אחד

בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Baruch shem k'vod malchuto l'olam va-ed.

Blessed is God's glorious majesty forever and ever.

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד!

Sh'ma Yisrael, Adonai Eloheinu, Adonai Echad!

Hear, O Israel, Adonai is our God, Adonai is One!

V'AHAVTA et Adonai Elohecha,
b'chol l'vav'cha, uv'chol nafsh'cha, uv'chol
m'odecha. V'hayu had'varim ha-cileh
asher anochi m'tzav'cha hayom al
l'vavecha. V'shinantam l'vanecha v'dibarta
bam b'shiv'cha b'veitecha, uv'lecht'cha
vaderech uv'shochb'cha uv'kumecha.
Uk'shartam l'ot al yadecha v'hayu
l'totafot bein einecha. Uch'tavtam
al m'zuzot beitecha, uvish'arecha.

YOU SHALL LOVE Adonai your God with all your heart,
with all your soul, and with all your might.
Take to heart these instructions with which I charge you this day.
Impress them upon your children.
Recite them when you stay at home and when you are away,
when you lie down and when you get up.
Bind them as a sign on your hand and let them serve as a symbol on your forehead;
inscribe them on the doorposts of your house and on your gates.

וְאַהֲבַתְּ אֶת יְיָ אֱלֹהֶיךָ
בְּכָל-לִבְּךָ וּבְכָל-נַפְשְׁךָ וּבְכָל-
מְאֹדֶךָ: וְהָיוּ הַדְּבָרִים הָאֵלֶּה
אֲשֶׁר אֲנִי מְצַוְךָ הַיּוֹם עַל-
לִבְּךָ: וְשִׁנַּנְתָּם לְבָנֶיךָ וְדִבַּרְתָּ
בָּם בְּשִׁבְתְּךָ בְּבֵיתְךָ וּבִלְכַתְּךָ
בְּדֶרֶךְ וּבְשֹׁכְבְּךָ וּבְקוּמְךָ:
וּקְשַׁרְתָּם לְאוֹת עַל-יָדְךָ וְהָיוּ
לְטֹטְפוֹת בֵּין עֵינֶיךָ: וְכָתַבְתָּם
עַל-מְזוֹזוֹת בֵּיתְךָ וּבִשְׁעָרֶיךָ:



The Sh'ma & it's Blessings

Mi Chamocha

MI CHAMOCHAH ba-cilim, Adonai!

Mi kamochah nedar bakodesh,

nora t'hilot, oseh fele!

Shirah chadashah shib'chu g'ulim

l'shimcha al s'fat hayam.

Yachad kulam hodu v'himlichu v'amru:

Adonai yimloch l'olam va-ed.

Tzur Yisrael, kumah b'ezrat Yisrael

uf'deih chinumecha Y'hudah v'Yisrael.

Go-aleinu Adonai Tz'vaot sh'mo,

k'dosh Yisrael.

Baruch atah, Adonai, gaal Yisrael.

מִי־כְמוֹכָה בָּאֵלִים, יְיָ!

מִי כְמוֹכָה נֶאֱדָר בְּקֹדֶשׁ,

נוֹרָא תִהְיֶה, עֹשֶׂה פִּלְאִי!

שִׁירָה חֲדָשָׁה שִׁבְּחוּ גְאוּלִּים

לְשִׁמְךָ עַל שְׂפַת הַיָּם.

יַחַד כָּלֵם הוֹדוּ וְהִמְלִיכוּ וְאָמְרוּ:

יְיָ יִמְלֹךְ לְעוֹלָם וָעֶד.

צוּר יִשְׂרָאֵל, קוּמָה בְּעֶזְרַת יִשְׂרָאֵל

וּפְדֵה כְנָעַמֶּךָ יְהוּדָה וְיִשְׂרָאֵל.

גְּאֲלֵנוּ יְיָ צְבָאוֹת שְׁמוֹ,

קְדוֹשׁ יִשְׂרָאֵל.

בָּרוּךְ אַתָּה, יְיָ, גָּאֵל יִשְׂרָאֵל.

WHO IS LIKE YOU, O God,
among the gods that are worshipped?
Who is like You, majestic in holiness,
awesome in splendor, working wonders?

With new song, inspired,
at the shore of the Sea, the redeemed sang Your praise.
In unison they all offered thanks.
Acknowledging Your Sovereignty, they said:
"Adonai will reign forever!"

Rock of Israel, rise in support of Israel
and redeem Judah and Israel as You promised.
Our redeemer, *Adonai Tz'vaot* is Your Name.
Blessed are You, Adonai, who redeems Israel.



Aunt Sarah

STANDING on the parted shores of history,
we still believe what we were taught
before ever we stood at Sinai:

that wherever we are, it is eternally Egypt
that there is a better place, a Promised Land;
that the winding way to that promise passes through the wilderness

that there is no way to get from here to there
except by joining hands, marching
together.

The Amidah

Avot V'Imahot

PRAYER INVITES

God's Presence to suffuse our spirits,
God's will to prevail in our lives.
Prayer may not bring water to parched fields,
nor mend a broken bridge,
nor rebuild a ruined city.
But prayer can water an arid soul,
mend a broken heart,
rebuild a weakened will.

CREATE A PURE HEART within me;
let my soul wake up in Your light.
Open me to Your Presence;
flood me with Your holy spirit.
Then I will stand and sing out
the power of Your forgiveness.
I will teach Your love to the lonely;
the lost will find their way home.
Adonai, open up my lips
and my mouth will declare Your praise.



The Amidah

Avot V'Imahot

BARUCH atah, Adonai Eloheinu
v'Elohei avoteinu v'imoteinu, Elohei
Avraham, Elohei Yitzchak v'Elohei Yaakov,
Elohei Sarah, Elohei Rivkah, Elohei
Rachel v'Elohei Lei-ah. Ha-El hagadol
hagibor v'hanora, El elyon, gomeil
chasadim tovim, v'koneih hakol, v'zocheir
chasdei avot v'imahot, umeivi g'ulah
liv'nei v'neihem l'maan sh'mo b'ahavah.

Melech ozeir umoshia umagein.
Baruch atah, Adonai,
magein Avraham v'ezrat Sarah.

בָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ
וְאֱלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ, אֱלֹהֵי
אַבְרָהָם, אֱלֹהֵי יִצְחָק וְאֱלֹהֵי יַעֲקֹב,
אֱלֹהֵי שָׂרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי
רָחֵל וְאֱלֹהֵי לֵאָה. הָאֵל הַגָּדוֹל
הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֶלְיוֹן, גּוֹמֵל
חַסְדִּים טוֹבִים, וְקוֹנֵה הַכֹּל, וְזוֹכֵר
חַסְדֵי אֲבוֹת וְאִמּוֹת, וּמְבִיא גְּלוּלָה
לְבָנֵי בְנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה.

מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמַגֵּן.
בָּרוּךְ אַתָּה, יְיָ,
מֶגֶן אַבְרָהָם וְעֹזֶרֶת שָׂרָה.

BLESSED ARE YOU, Adonai, our God,
God of our fathers and mothers,
God of Abraham, God of Isaac, and God of Jacob,
God of Sarah, God of Rebecca, God of Rachel, and God of Leah,
the great, mighty and awesome God, transcendent God
who bestows lovingkindness, creates everything out of love,
remembers the love of our fathers and mothers,
and brings redemption to their children's children for the sake of the
Divine Name.

YOUR MIGHT, O God, is everlasting;
Help us to use our strength for good and not evil.
You are the Source of life and blessing;
Help us to choose life for ourselves and our children.
You are the support of the falling;
Help us to lift up the fallen.
You are the author of freedom;
Help us to free the captive.
You are our hope in death as in life;
Help us to keep faith with those who sleep in the dust.
Your might, O God, is everlasting;
Help us to use our strength for good.

בָּרוּךְ אַתָּה, יְיָ, מְחַיֶּה הַכֹּל (הַמֵּתִים).
Baruch atah, Adonai, m'chayeh hakol (hameitim).



The Amidah

Gevurot

ATAH gibor l'olam, Adonai,
m'chayeh hakol (meitim) atah,
rav l'hoshia.

אַתָּה גִּבּוֹר לְעוֹלָם, אֲדֹנָי,
מְחַיֶּה הַכֹּל (מֵתִים) אַתָּה,
רַב לְהוֹשִׁיעַ.

*SUMMER — Morid hatal.

M'chalkeil chayim b'chesed,
m'chayeh hakol (meitim)
b'rachamim rabim, someich noflim,
v'rofei cholim, umatir asurim,
um'kayem emunato lisheinei afar.
Mi chamocha baal g'vurot
umi domeh lach, melech meimit
um'chayeh umatzmiach y'shuah.

SUMMER* — מוריד הטל.

מְכַלְכֵּל חַיִּים בְּחֶסֶד,
מְחַיֶּה הַכֹּל (מֵתִים)
בְּרַחֲמִים רַבִּים, סוֹמֵךְ נוֹפְלִים,
וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים,
וּמְקַיֵּם אֱמוּנָתוֹ לִישְׁנֵי עָפָר.
מִי כָמוֹךָ בַּעַל גְּבוּרוֹת
וּמִי דוֹמֶה לָךְ, מֶלֶךְ מֵמִית
וּמְחַיֶּה וּמַצְמִיחַ יְשׁוּעָה.

V'ne-eman atah l'hachayot hakol (meitim).

וְנֶאֱמַן אַתָּה לְהַחְיֹת הַכֹּל (מֵתִים).

Baruch atah, Adonai, m'chayeh hakol (hameitim).

בָּרוּךְ אַתָּה, יְיָ, מְחַיֶּה הַכֹּל (הַמֵּתִים).

YOU ARE FOREVER MIGHTY, Adonai; You give life to all (revive the dead).

*SUMMER — You rain dew upon us.

You sustain life through love, giving life to all (reviving the dead) through great compassion, supporting the fallen, healing the sick, freeing the captive, keeping faith with those who sleep in the dust. Who is like You, Source of mighty acts? Who resembles You, a Sovereign who takes and gives life, causing deliverance to spring up and faithfully giving life to all (reviving that which is dead)?

Blessed are You, Adonai, who gives life to all (revives the dead).

בָּרוּךְ אַתָּה, יְיָ, מְחַיֶּה הַכֹּל (הַמֵּתִים).

Baruch atah, Adonai, m'chayeh hakol (hameitim).



The Amidah

Kiddusha/ Oseh Shalom

N'KADEISH et shimcha baolam,
k'shem shemakdishim oto bish'mei marom,
kakatuv al yad n'vi-echa,
v'kara zeh el zeh v'amar:

Kadosh, kadosh, kadosh Adonai tz'vaot,
m'lo chol haaretz k'vodo.

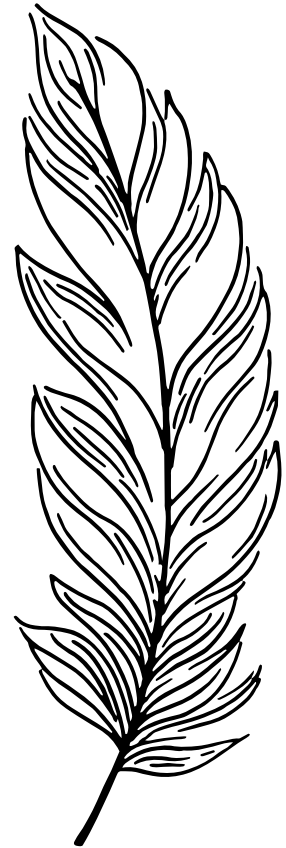
Adir adireinu, Adonai Adoneinu,
mah adir shimcha b'chol haaretz.

Baruch k'vod Adonai mimkomo.

Echad hu Eloheinu, hu Avinu,
hu Malkeinu, hu Moshi-einu,
v'hu yashmi-einu b'rachamav l'einei kol chai.
Ani Adonai Eloheichem.

Yimloch Adonai l'olam, Elohayich Tzion
l'dor vador, hal'luyah.

נְקַדֵּשׁ אֶת שְׁמֶךָ בְּעוֹלָם,
כְּשֵׁם שִׁמְךָ יִשִּׁים אוֹתוֹ בְּשָׁמַי מְרוֹם,
כַּכְּתוּב עַל יַד נְבִיאֶךָ,
וְקָרָא זֶה אֶל זֶה וְאָמַר:
קְדוֹשׁ, קְדוֹשׁ, קְדוֹשׁ אֲדֹנָי צְבָאוֹת,
מְלֵא כָל הָאָרֶץ כְּבוֹדוֹ.
אֲדִיר אֲדִירֵנוּ, יְיָ אֲדֹנֵינוּ,
מָה אֲדִיר שִׁמְךָ בְּכָל הָאָרֶץ.
בְּרוּךְ כְּבוֹד יְיָ מִמְּקוֹמוֹ.
אֶחָד הוּא אֱלֹהֵינוּ, הוּא אֲבִינוּ,
הוּא מֶלֶכֵנוּ, הוּא מוֹשִׁיעֵנוּ,
וְהוּא יִשְׁמִיעֵנוּ בְּרַחֲמָיו לְעֵינֵי כָל חַי.
אֲנִי יְיָ אֱלֹהֶיכֶם.
יִמְלֹךְ יְיָ לְעוֹלָם, אֱלֹהֶיךָ צִיּוֹן
לְדֹר וָדֹר, הַלְלוּיָהּ.



LET US SANCTIFY Your Name on earth, as it is sanctified in the heavens above.
As it is written by Your prophet:

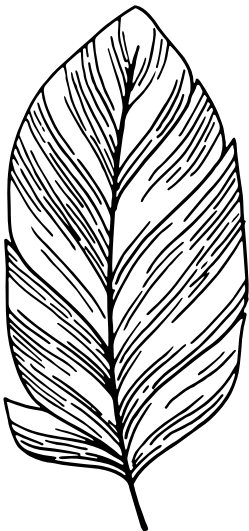
Holy, holy, holy is *Adonai Tz'vaot!* God's presence fills the whole earth.
Source of our strength, Sovereign One, how majestic is Your presence in all the earth!

Blessed is the presence of God, shining forth from where God dwells.
God alone is our God and our Creator, our Ruler and our Helper; and in
mercy, God is revealed in the sight of all the living: I am Adonai your God!

Adonai shall reign forever, your God, O Zion,
from generation to generation, Hallelujah!

Oseh shalom bimromav
hu b'rachamav yaaseh shalom
aleinu v'al kol Yisrael, v'al kol
yoshvei teiveil, v'imru: Amen.

עֲשֵׂה שְׁלוֹם בְּמִרְמֹמָיו
הוּא בְּרַחֲמָיו יַעֲשֵׂה שְׁלוֹם
עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְעַל כָּל
יוֹשְׁבֵי תֵבֵל, וְאָמְרוּ: אָמֵן.



GOD OF HEAVEN AND EARTH, grant abundant peace
to our people Israel and their rabbis, to our teachers and their disciples,
and to all who engage in the study of Torah here and everywhere.

Let there be for them and for us all, grace, love, and compassion,
a full life, ample sustenance, and salvation from God, and let us respond: Amen.

For us and all Israel, may the blessing of peace and the promise of life come true,
and let us respond: Amen.

May the One who causes peace to reign in the high heavens,
let peace descend on us, and on all Israel, and on all the world,
and let us respond: Amen.

The Amidah

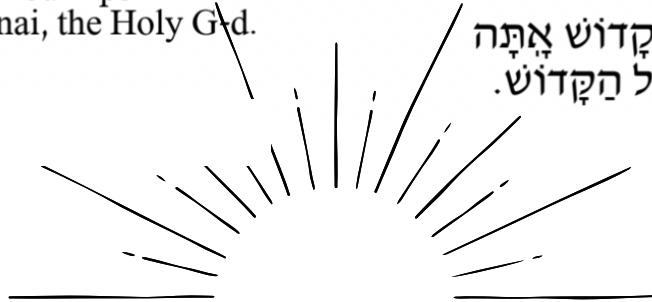
L'dor V'dor / Kaddish Shalem

L'dor v'dor

To all generations we will declare Your greatness, and for all eternity proclaim Your holiness. Your praise, O G-d, shall never depart from our lips. Blessed are You, Adonai, the Holy G-d.

לְדוֹר וָדוֹר נְגִיד גְּדֻלָּתְךָ

וְלִנְצַח נִצְחִים קִדְשָׁתְךָ נִקְדִּישׁ
וְשִׁבְחָתְךָ אֱלֹהֵינוּ מִפִּינוּ לֹא יִמוּשׁ
לְעוֹלָם וָעֶד
כִּי אֵל מְלֹךְ גָּדוֹל וְקָדוֹשׁ אַתָּה
בְּרוּךְ אַתָּה יְיָ, הָאֵל הַקָּדוֹשׁ.



There is a saying in Judaism -- L'dor v'dor which literally means from generation to generation. Typically, it is understood to mean the transmission of the culture's values, rituals, traditions, and history to the next generation. But what if we expanded this understanding, that L'dor v'dor is not uni-directional from older to younger people. Rather, it is a communal obligation to strengthen the bonds between and among all generations for certainly we, as a community, embody more than just two generations

Exalted and hallowed be G-d's great name, in the world which G-d created, according to plan. May G-d's majesty be revealed in the days of your lifetime and the life of all Israel – speedily, imminently. To which we say: Amen. Blessed by G-d's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we say: Amen. Exalted and hallowed be G-d's great name forever and ever. May the prayers of all Israel be accepted by G-d in heaven; to which we say: Amen. May there be abundant peace from heaven, and life upon us and upon all Israel; and say: Amen. May the one who makes peace above grant peace to all of us and to all Israel; and say: Amen.

Kaddish Shalem (full)

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעָלְמָא דִּי
בְּרָא כְרַעוּתָהּ. וְיִמְלִיךְ מַלְכוּתָהּ, בְּחַיִּיכוֹן
וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל,
בְּעָגְלָא וּבְזִמְן קָרִיב. וְאָמְרוּ: אָמֵן. יְהֵא
שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמָא וּלְעָלְמֵי עָלְמֵיָא.
יְתַבְרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמַם
וְיִתְנַשָּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ
דְּקֻדְשָׁא בְּרִיךְ הוּא.
לְעָלְמָא מוֹ כָּל בְּרַכְתָּא וְשִׁירָתָא תִּשְׁבַּחְתָּא
וְנִחַמְתָּא, דְּאָמִירוֹן בְּעָלְמָא. וְאָמְרוּ:
אָמֵן. תִּתְקַבֵּל צְלוֹתְהוֹן וּבְעוּתְהוֹן דְּכָל
בֵּית יִשְׂרָאֵל קֳדָם אַבּוּהוֹן דִּי בְּשַׁמְיָא.
וְאָמְרוּ: אָמֵן.
יְהֵא שְׁלָמָה רַבָּא מוֹ שְׁמֵיָא, וְחַיִּים עָלֵינוּ
וְעַלְכָּל יִשְׂרָאֵל. וְאָמְרוּ: אָמֵן.
עוֹשֶׂה שְׁלוֹם בְּמִרוֹמָיו, הוּא יַעֲשֶׂה שְׁלוֹם
עָלֵינוּ, וְעַל כָּל יִשְׂרָאֵל. וְאָמְרוּ: אָמֵן.

The Amidah

The following blessings were composed in order to assist us in contemplating our relationship with God. It is widely believed that the Amidah is a person's opportunity to approach God in private prayer, and should therefore be said quietly. Here are some questions that may help in thoughtful contemplation.

What is a spiritual life?

What would my relationships be like if I lived a more spiritual life?

What does it mean to be a person of faith in modern times?

What does family mean to me?

What is my relationship to the Earth and the environment around me?



Blessed are you who....

...shields Abraham & calls Sarah lovingly to mind. We call upon our ancestors for support in our journey.

...gives life to the dead. We open ourselves to divine expansiveness & power.

...reveals the sacred in every being.

...makes Shabbat holy.

...enables us to feel deeply, to know our need and the needs of our world.

...teaches us to give thanks.

...who blesses with peace all who dwell on earth.

We are thankful for all of the generations that came before us, for our parents who brought us into this world, for the miracles that greet us every day and for the beauty that surrounds us and is us.

ANCESTORS & ORIGINS * HOLINESS OF NATURE *

SANCTIFICATION OF GOD

HOLINESS OF THE DAY * SERVICE * GRATITUDE *

ABUNDANT PEACE



The Amidah

Responsive Reading

Sid

For the expanding grandeur of Creation, worlds known & unknown galaxies beyond galaxies, filling us with awe & challenging our imaginations, we give thanks.

Congregation

For this fragile planet earth, its times and tides, its sunsets & seasons - we give thanks.

Sid

For the joy of human life, its wonders & surprises, its hopes and achievements - we give thanks.

Congregation

For human community, our common past & future hope, our oneness transcending all separation, our capacity to work for peace and justice in the midst of hostility and oppression - we give thanks.

Sid

For the high hopes and noble causes, for faith without fanaticism, for understanding of views, not shared - we give thanks.

Congregation

For all who have labored and suffered for a fairer world, who have lived, so that others might know dignity & freedom - we give thanks.

Sid

Let us live not by our fears but by our hopes not by our words but by our deeds.



All

And then all that has divided will merge.
And then compassion will be wedded to power
And then softness will come to a world that is harsh & unkind
And then both women and men will be gentle
And then both men and women will be strong
And then no person will be subject to another's will.

The Torah Service

IN THIS SCROLL is the secret of our people's life from Sinai until now.
Its teaching is love and justice, goodness and hope.
Freedom is its gift to all who treasure it.

KI miTziyon teitzei Torah,
ud'var Adonai miY'rushalayim.

כִּי מִצִּיּוֹן תֵּצֵא תּוֹרָה,
וּדְבַר יְיָ מִירוּשָׁלַיִם.

FOR FROM OUT OF ZION will come the Torah,
and the word of Adonai from Jerusalem.

Baruch shenatan Torah
l'amo Yisrael bik'dushato.

בָּרוּךְ שֶׁנָּתַן תּוֹרָה
לְעַמּוֹ יִשְׂרָאֵל בְּקִדְּשָׁתוֹ.

BLESSED IS GOD who in holiness gave the Torah to the people Israel.

Gadlu l'Adonai iti,
un'rom'mah sh'mo yachdav.

גָּדְלוּ לַיְיָ אֱתֵי,
וְנִרְמַמְהָ שְׁמוֹ יַחְדָּו.

EXALT ADONAI with me, let us extol God's name together.

L'cha Adonai hag'dulah v'hag'vurah
v'hatiferet v'haneitzach v'hahod,
ki chol bashamayim uva'aretz.
L'cha Adonai hamamlachah
v'hamitnasei l'chol l'rosh.

לְךָ יְיָ הַגְּדֻלָּה וְהַגְּבוּרָה
וְהַתְּפָאֶרֶת וְהַנִּצָּח וְהַהוֹד,
כִּי כֹל בַּשָּׁמַיִם וּבָאָרֶץ.
לְךָ יְיָ הַמַּמְלָכָה
וְהַמִּתְנַשֵּׂא לְכָל לְרֹאשׁ.

YOURS, Adonai, is the greatness, might, splendor, triumph, and majesty —
yes, all that is in heaven and on earth.
To You, Adonai belong sovereignty and preeminence above all.

The Torah is unwrapped

שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד.

Sh'ma Yisrael, Adonai Eloheinu, Adonai Echad.

HEAR O ISRAEL, Adonai is our God, Adonai is One.

Echad Eloheinu gadol Adoneinu,
kadosh sh'mo.

אֶחָד אֱלֹהֵינוּ, גָּדוֹל אֲדוֹנֵנוּ,
קָדוֹשׁ שְׁמוֹ.

Please consult the separate guide with Sid's printed
Torah & Haftarah portions



The Torah Service

Torah Blessings

BLESSING BEFORE THE READING OF THE TORAH

BAR'CHU et Adonai ham'vorach.

Baruch Adonai ham'vorach l'olam va-ed.

Baruch atah, Adonai

Eloheinu, Melech haolam,

asher bachar banu mikol haamim,

v'natan lanu et Torato.

Baruch atah, Adonai, notein haTorah.

בָּרַכּוּ אֶת יְיָ הַמְבָרֵךְ.
בָּרוּךְ יְיָ הַמְבָרֵךְ לְעוֹלָם וָעֶד.
בָּרוּךְ אַתָּה, יְיָ
אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
אֲשֶׁר בָּחַר בָּנוּ מִכָּל הָעַמִּים,
וְנָתַן לָנוּ אֶת תּוֹרָתוֹ.
בָּרוּךְ אַתָּה, יְיָ, נוֹתֵן הַתּוֹרָה.

BLESS ADONAI who is blessed.

Blessed is Adonai who is blessed now and forever.

Blessed are You, Adonai our God, Sovereign of the universe, who has chosen us from among the peoples, and given us the Torah. Blessed are You, Adonai, who gives the Torah.

BLESSING AFTER THE READING OF THE TORAH

BARUCH atah, Adonai

Eloheinu, Melech haolam,

asher natan lanu Torat emet,

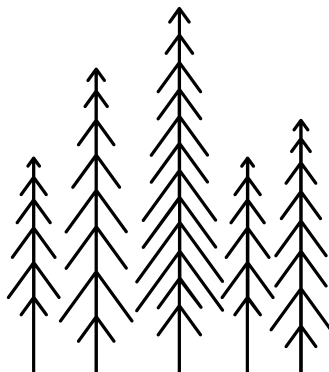
v'chayei olam nata b'tocheinu.

Baruch atah, Adonai, notein haTorah.

בָּרוּךְ אַתָּה, יְיָ
אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת,
וְחַיֵּי עוֹלָם נָטַע בְּתוֹכֵנוּ.
בָּרוּךְ אַתָּה, יְיָ, נוֹתֵן הַתּוֹרָה.

BLESSED ARE YOU, Adonai our God, Sovereign of the universe,
who has given us a Torah of truth, implanting within us eternal life.

Blessed are You, Adonai, who gives the Torah.



Concluding Prayers & Songs

Mi Shebeirach/ Eitz Chayim Hi

MI SHEBEIRACH avoteinu

M'kor hab'rachah l'imoteinu.

May the Source of strength who blessed the ones before us
help us find the courage to make our lives a blessing and let us say, Amen.

Mi shebeirach imoteinu

M'kor hab'rachah laavoteinu.

Bless those in need of healing with *r'fuah sh'leimah*,
the renewal of body, the renewal of spirit, and let us say, Amen.

מִי שֶׁבִּירַח אֲבוֹתֵינוּ
מִקּוֹר הַבְּרָכָה לְאִמּוֹתֵינוּ.

מִי שֶׁבִּירַח אִמּוֹתֵינוּ
מִקּוֹר הַבְּרָכָה לְאֲבוֹתֵינוּ.



Eitz cha-a-yim hi, la ma-cha-zi-kim-bah,
V'-to-m'-che-ha m'-u-shar
D'-ra-che-ha, dar-chei no-am
V'-chol n'-ti-vo-te-cha, sha-lom

Ha-shi-vei-nu A-do-nai
Ei-le-cha v'-na-shu-vah
Cha-deish, cha-deish ya-mei-nu
Cha-deish ya-mei-nu, k'-ke-dem

*It is a tree of life for those who hold fast to it, and all its supporters are happy.
Its ways are ways of pleasantness and all its paths are peace.
Return us to You, Adonai, and we will return; renew our days as of old.*

עֵץ חַיִּים הִיא לְמַחְזִיקִים בָּהּ,
וְתַמְכִּיהָ מְאֻשֶּׁר.
דְּרָכֶיהָ דְּרָכֵי נֵעַם,
וְכָל נְתִיבוֹתֶיהָ שְׁלוֹם.
הַשִּׁיבֵנוּ יְיָ אֱלֹהֵינוּ וְנִשְׁוֹבָה,
חֲדָשׁ יָמֵנוּ כְּקֶדֶם.

It is a tree of life for those who hold fast to it, and those who uphold it are happy. Its ways are pleasant, and all of its paths peaceful. Return us to you, God, so that we shall return, renew our days as of old.

PEACE * INTERCONNECTEDNESS * IMMORTALITY & REBIRTH * GROWTH
*STRENGTH * ANCESTRY/FAMILY/FERTILITY *

Concluding Prayers & Songs

Aleinu

ALEINU l'shabei-ach laadon hakol,
lateit g'dulah l'yotzeir b'reishit,
shelo asanu k'goyei haaratzot,
v'lo samanu k'mishp'chot haadamah.
Shelo sam chelkeinu kahem,
v'goraleinu k'chol hamonam.
Vaanachnu kor'im
umishtachavim umodim,
lifnei Melech mal'chei hamlachim
HaKadosh Baruch Hu.

עֲלֵינוּ לְשַׁבֵּחַ לַאֲדוֹן הַכֹּל,
לְתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית,
שֶׁלֹא עָשָׂנוּ כְּגוֹיֵי הָאֲרָצוֹת,
וְלֹא שָׂמְנוּ כְּמִשְׁפְּחוֹת הָאָדָמָה.
שֶׁלֹא שָׂם חֶלְקֵנוּ כֵּהֶם,
וְגָרְלָנוּ כְּכָל־הַמּוֹנָם.
וְאַנְחֵנוּ כּוֹרְעִים
וּמִשְׁתַּחֲוִים וּמוֹדִים,
לִפְנֵי מֶלֶךְ מַלְכֵי הַמַּלְכִּים
הַקָּדוֹשׁ בָּרוּךְ הוּא.

LET US NOW PRAISE the Sovereign of the universe, and proclaim the greatness of the Creator who has set us apart from the other families of the earth, giving us a destiny unique among the nations. We bend the knee and bow, acknowledging the supreme Sovereign, the Holy One of Blessing.



**We are grateful to our family, old friends, and new friends who
have traveled from near and far to be with us today.**

**We are fortunate to have all of you in our lives and overjoyed that
you are here to show your love for Sid
on his special Bar Mitzvah day.**

Each of you means so much to us. Your presence is humbling.

Special thanks to Rabbi Mark for teaching us so much in such an open and unassuming way and for welcoming our style, to Melissa Herman for embracing us with open arms one sad COVID day, to Josh Ackman for being the coolest, most relaxed tutor ever - he actually made this process fun- and to Jessica Saragovi for the final touches.

And of course to Sid for his hard work and discipline, for turning our home into a trope opera house and for giving us all an excuse to come together and celebrate!

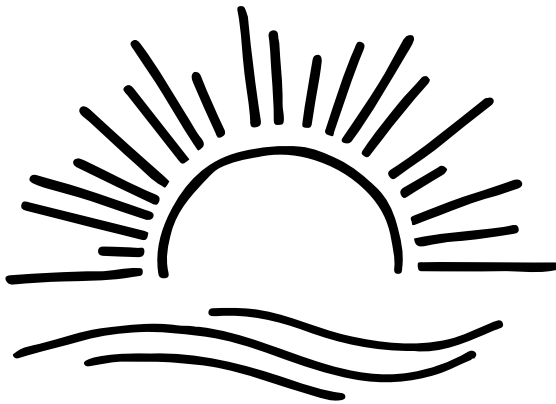
Concluding Prayers & Songs

Mourner's Kaddish

WE THINK OF OUR LOVED ONES
whom death has recently taken from us,
those who died at this season in years past,
and those whom we have drawn into our hearts
with our own . . .

זְכוֹנוֹם לְבִרְכָּה.

May their memories be for blessing.



EXALTED and hallowed be God's great name
in the world which God created, according to plan.
May God's majesty be revealed in the days of our lifetime
and the life of all Israel — speedily, imminently, to which we say Amen.

Blessed be God's great name to all eternity.

Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded
be the name of the Holy Blessed One, beyond all earthly words and songs of blessing,
praise, and comfort. To which we say Amen.

May there be abundant peace from heaven, and life, for us and all Israel.
To which we say Amen.

May the One who creates harmony on high, bring peace to us and to all Israel.
To which we say Amen.

MOURNER'S KADDISH

יִתְגַּדֵּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.
בְּעֻלְמָא דִּי בְּרָא כְרַעוּתָהּ,
וְיִמְלִיךְ מַלְכוּתָהּ,
בְּחַיִּיכוֹן וּבְיוֹמֵיכוֹן
וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל,
בְּעָגְלָא וּבְזָמַן קָרִיב. וְאָמְרוּ: אָמֵן.
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ
לְעָלְמָא וּלְעָלְמֵי עָלְמָיָא.
יִתְבָּרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר
וְיִתְרוֹמֵם וְיִתְנַשֵּׂא,
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל
שְׁמֵהּ דְּקֻדְשָׁא בְּרִיךְ הוּא,
לְעָלְמָא מִן כָּל בִּרְכָתָא וְשִׁירָתָא,
תְּשַׁבְּחָתָא וְנַחֲמָתָא,
דְּאָמְרִין בְּעֻלְמָא. וְאָמְרוּ: אָמֵן.
יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא,
וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל.
וְאָמְרוּ: אָמֵן.
עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו,
הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ,
וְעַל כָּל יִשְׂרָאֵל. וְאָמְרוּ: אָמֵן.

Concluding Prayers & Songs

We remember Sid's Great Grandparents

**Mary & Joe Diamond
Sylvia & Dave Makofsky
Esther & Sidney Garwin
Aaron Frankel**

**We remember all of our loved ones,
the many folks who have touched us and those unnamed here....**

*Gerry Wilson, Ellen Katz, Nancy Cohen,
Mimi & Michael Mendelson,
Lori & Larry Durocher, Bob Fishman
Perry Eck, Mary Barnewall*

...



Concluding Prayers & Songs

Adon Olam - Friends

Adon olam asher malach,
b'terem kol y'tzir nivra.
L'eit naasah v'cheftzo kol,
azai Melech sh'mo nikra.

V'acharei kichlot hakol,
l'vado yimloch nora.
V'hu hayah, v'hu hoveh,
v'hu yih'yeh, b'tifarah.

V'hu echad v'cin sheini,
l'hamshil lo l'hachbirah.
B'li reishit b'li tachlit,
v'lo haoz v'hamisrah.

V'hu Eli v'chai go-ali,
v'tzur chevli b'eit tzarah.
V'hu nisi umanos li
m'nat kosi b'yom ekra.

B'yado afkid ruchi,
b'eit ishan v'a-irah.
V'im ruchi g'viyati,
Adonai li v'lo ira.

אֲדוֹן עוֹלָם אֲשֶׁר מָלַךְ,
בְּטֶרֶם כָּל יִצְרֵי נִבְרָא.
לְעֵת נַעֲשֶׂה בְּחֶפְצוֹ כָּל,
אֲזִי מֶלֶךְ שְׁמוֹ נִקְרָא.

וְאַחֲרֵי כִכְלוֹת הַכֹּל,
לְבַדּוֹ יִמְלֹךְ נֹרָא.
וְהוּא הָיָה, וְהוּא הוֹוֶה,
וְהוּא יִהְיֶה, בְּתִפְאָרָה.

וְהוּא אֶחָד וְאֵין שֵׁנִי,
לְהַמְשִׁיל לוֹ לְהַחֲבִירָה.
בְּלִי רֵאשִׁית בְּלִי תַּחְלִית,
וְלֹו הָעֹז וְהַמְשָׁרָה.

וְהוּא אֵלִי וְחִי גָאֲלִי,
וְצוּר חֲבִלִי בְּעֵת צָרָה.
וְהוּא נָסִי וּמְנוֹס לִי
מִנֵּת כּוֹסִי בְּיוֹם אֶקְרָא.

בְּיָדוֹ אֶפְקִיד רוּחִי,
בְּעֵת אִישָׁן וְאַעִּירָה.
וְעַם רוּחִי גִוִּיתִי,
יְיָ לִי וְלֹא אִירָא.

You are our Eternal God, who reigned before any being had been created;
when all was done according to Your will, then You were called Ruler.

And after all ceases to be, You alone will rule in majesty.
You have been, are yet, and will be in glory.

And You are One; none other can compare to or consort with You.
You are without beginning, without end. To You belong power and dominion.

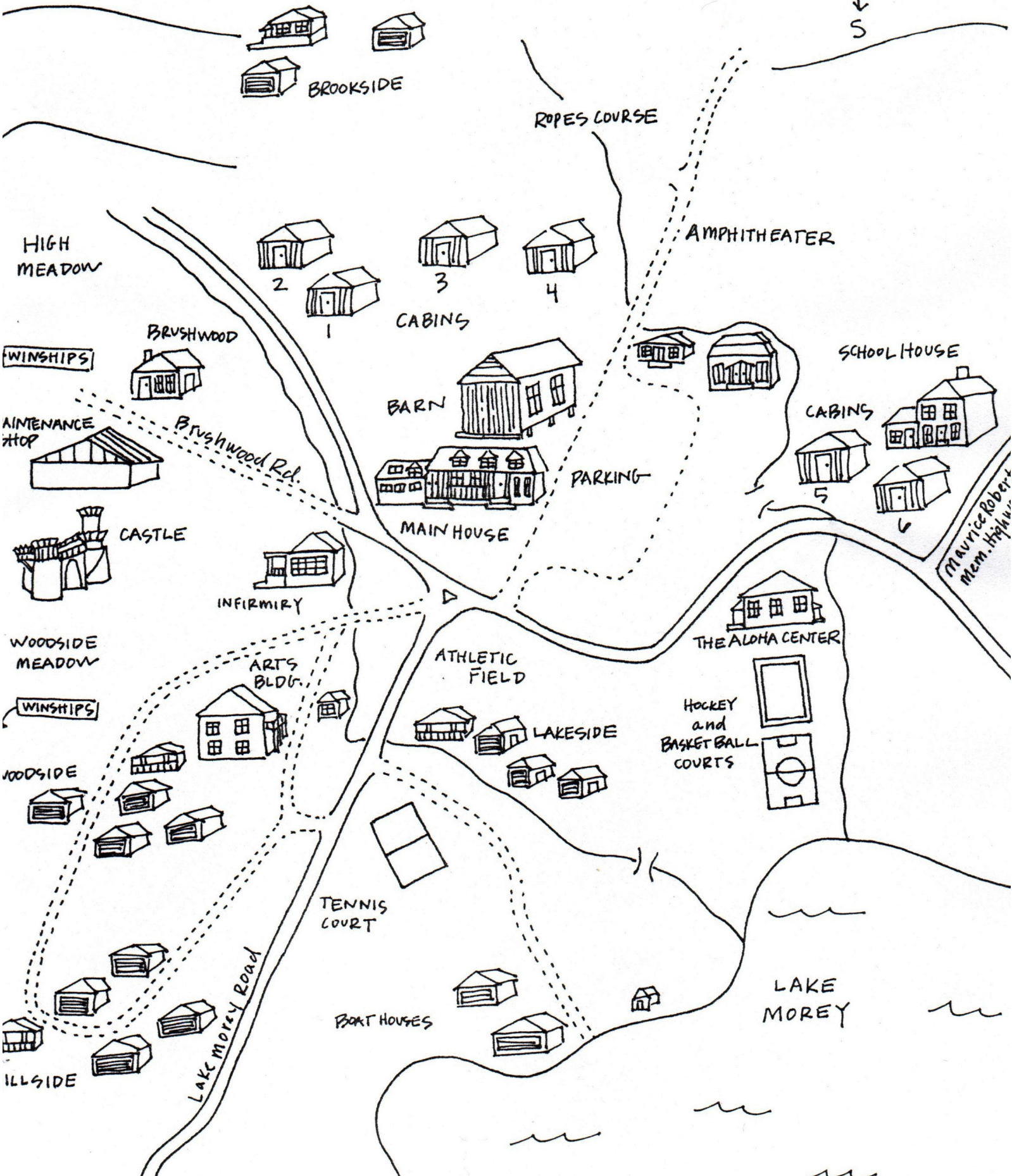
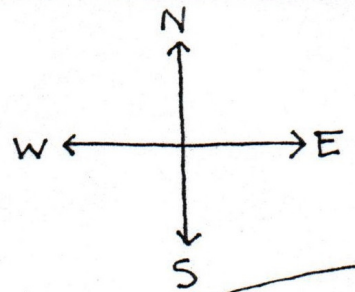
And You are my God, my living Redeemer, my Rock in times of trouble and distress.
You are my standard bearer and my refuge, my benefactor when I call on You.

Into Your hands I entrust my spirit, when I sleep and when I wake,
and with my spirit my body also; Adonai is with me and I shall not fear.

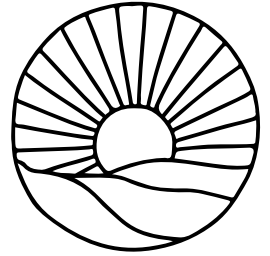




Hulbert Outdoor Center



SCHEDULE



SATURDAY

NOON-2:00 PM

Lunch

Join us for a Celebratory Lunch in the camp cafe
Make sure to find Bridgette for a photo! She's here till 3pm.
Camp Lanakila Dining Hall

2:00-4:30 PM

Color War

Guest-wide Color War activities for ALL guests and ALL ages
Find a bag with your name/ family name inside the
Camp Lanakila Great Lawn

4:30-6:00 PM

Waterfront & Informal Activities

Down time and informal activities. Waterfront will be open.
Find a ball and shoot some hoops or explore the other camp courts.
If you want to chill, there are snacks, coloring and crafts in the upper dining hall.
Lawn, Courts, Upper Dining Hall

5:45-7:00 PM

Cocktail Hour+

Cocktails for Adults. Sodas for kids.
Max from Wolftree in WRJ is bringing a tongue-teasing mix.
Find his bar-truck outside the barn.
Change from waterfront and get ready for dinner.
Barn Lawn

7:00-10:00 PM

Dinner, Dancing & Camp Fire

Don't miss Luke Donforth who will be calling dances from 8-9:30
There will be a can't miss guest-wide Horah too!!

7:30-10:00 AM

Breakfast & Goodbyes

Coffee & Breakfast Buffet
Camp Lanakila Dining Hall

SUNDAY

12:00-3:00 PM

Makofsky Open House

Grab a Sandwich for the road and see the Makofsky's new house
16 Mulherrin Farm Road, Hanover